

#### **2004 UMP Guide to Preferred Drugs**

Uniform Medical Plan (**UMP**) provides access to quality health care at an affordable price. Beginning January 1, 2004, the UMP will use the *UMP Preferred Drug List* (formulary) to help manage the overall cost of providing prescription drug benefits for UMP PPO and UMP Neighborhood enrollees. The preferred drug list offers a wide range of medications to choose from and is reviewed regularly by an independent group of practicing health care providers to help ensure that the content is medically sound and supportive of your health.

As a result of recent state legislation, UMP will be starting to phase-in a new state Preferred Drug List during 2004. The legislation established a state Pharmacy and Therapeutics (P&T) Committee, staffed by Washington licensed health care professionals, to develop a preferred drug list based on clinical evidence and criteria for safe, effective and appropriate prescribing.

For 2004, the UMP Preferred Drug List includes drugs from the state Preferred Drug List (for drug classes already reviewed through the state process) and drugs from an Express Scripts National Formulary (for drug classes not yet reviewed). The state P&T Committee meets quarterly to review additional drug classes. Once these reviews are completed, the UMP Preferred Drug List may change based on the P&T Committee's recommendations.

In your UMP coverage, all prescription drugs are subject to an annual prescription drug deductible whether purchased through our mail service pharmacy or at a retail pharmacy. After the deductible has been satisfied, your cost for a prescription will vary according to whether you purchase it at a UMP network pharmacy or through mail service and a number of other factors, including whether the drug is a generic drug; a preferred drug; or a non-preferred drug. Each of these categories has a different enrollee cost-share tier, as shown in the table below. UMP retains the right to update the UMP Preferred Drug List or shift medications to different tiers during the year if generic or over-the-counter alternatives become available; or there are changes in the *Washington State Preferred Drug List*.

Please check the UMP Certificate of Coverage for certain exclusions, limitations

and prior authorization requirements that may apply to some medications. This Guide lists **only** the most commonly prescribed medications on the *UMP Preferred Drug List*. This guide was printed in the fall of 2003, so it contains information that was current at that time. For a complete up-to-date listing of medications on the *UMP Preferred Drug List*, you can visit the UMP Web Site at <a href="https://www.ump.hca.wa.gov">www.ump.hca.wa.gov</a> or contact customer service at **1-866-576-3862**.

<b>Tier</b> (up to a 90-day supply per prescription or refill)	Enrollee's cost at a network retail pharmacy	Enrollee's cost using mail service pharmacy
Tier 1 Generic drugs <sup>1</sup> , all insulin, and all disposable diabetic supplies	20% coinsurance or enrollee cost- share limit <sup>2</sup> , whichever is less	\$10 copay <sup>3</sup>
Tier 2 Preferred brand-name drugs	30% coinsurance or enrollee cost- share limit <sup>2</sup> , whichever is less	\$40 copay <sup>3</sup>
Tier 3 Nonpreferred brand-name drugs	50% coinsurance Maximum cost- share limit does not apply	\$80 copay <sup>3</sup>

- Generic drugs have the same active ingredient(s) as brand name drugs no longer under patent and are usually less expensive. They are typically sold under an alternate brand name or the generic (chemical) name for that drug.
- A cost-share limit based on the number of days' supply purchased applies to Tier 1 and Tier 2 drugs that
  are purchased from a *UMP network retail pharmacy*. Please refer to your *UMP 2004 Certificate of Coverage* for details.
- 3. If the actual price of the medication is less than the standard copay, you pay a minimum charge of \$8.99 or the cost of the drug, whichever is greater—but not more than the standard copay.

### **How to Use This Guide**

This guide lists medications several ways to help you find prescription medications and their respective cost-share tiers. Section 1 lists commonly prescribed medications on the *UMP Preferred Drug List*. Section 2 lists commonly prescribed non-preferred drugs, along with possible preferred or generic alternatives that may be considered by your provider.

In order to find which tier your medication is in, first look in Section 1. If your medication is not in Section 1, look in Section 2, as you may be taking a non-preferred medication. If your medication is not listed in either Section 1 or 2, you may consult the UMP Web site or contact Member Services at 1-866-576-3862 for assistance.

In both sections that follow, drug names that are CAPITALIZED indicate a brand name; drug names all in lowercase are generic. In some cases, a generic drug will be marketed under a brand name; however, the Tier 1 generic coinsurance/copayment will still apply as shown.

## UMP Preferred Drugs by Therapeutic Categories Section 1:

This information is current at the time of printing and is subject to change.

#### **ANTIINFECTIVES**

#### Tier Antivirals

NOTE: All oral antiviral drugs for the treatment of HIV infection are Preferred.

- 1 acyclovir
- 1 rimantadine
- 2 TAMIFLU(not covered at mail)
- 2 VALTREX(not covered at mail)

#### <u>Tier</u> <u>Cephalosporins</u>

- 1 cefuroxime
- 1 cephalexin
- 2 CEFZIL

#### <u>Tier</u> <u>Macrolides</u>

- 2 BIAXIN, XL
- 2 ZITHROMAX

#### Tier Oral Antifungals

- 1 ketoconazole
- 1 nvstatin
- 2 DIFLUCAN
- 2 LAMISIL tablets
- 2 SPORANOX

#### <u>Tier</u> <u>Penicillins</u>

- 1 amox tr/potassium clavulanate
- 1 amoxicillin
- 1 penicillin v potassium
- 2 AUGMENTIN ES, XR

#### Tier Quinolones

- 2 AVELOX, ABC PACK
- 2 CIPRO \*
- 2 TEQUIN

#### <u>Tier Topical Antifungals</u>

- 1 ketoconazole
- 1 nystatin
- 2 MENTAX
- 2 PENLAC

### <u>Tier Topical Antifungal-Corticosteroids</u>

- 1 clotrimazole/betamethasone
- 1 nystatin w/triamcinolone

#### **Tier Urinary Antiinfectives**

- 1 nitrofurantoin
- 1 macrocrystal
- 1 trimethoprim
- 2 MACROBID

#### ANTINEOPLASTIC/ IMMUNOSUPPRESSANT DRUGS

NOTE: All brand oral antineoplastics are considered preferred, unless available generically.

#### <u>Tier</u>

- 1 methotrexate
- 1 cyclosporine, modified
- 1 hydroxyurea
- 1 leucovorin
- 1 megestrol
- 1 tamoxifen
- 1 thioguanine

### CARDIOVASCULAR MEDICATIONS

#### <u>Tier ACE Inhibitors +</u>

#### **HCT Combos**

- 1 enalapril maleate, hctz
- 1 lisinopril, hctz
- 1 moexipril
- 2 ALTACE

<sup>\*</sup>This product is expected to have a generic equivalent or be available over the counter sometime in 2004. When that happens, the drug's coverage status may change without notice.

<sup>\*\*</sup>This product is non-preferred and covered in Tier 3. It is listed only for purposes of clarification.

<u>Tier</u>	Angiotensin II Receptor Antagonists	<u>Tier</u> 2	<u>Antidementia</u> <u>Drugs</u> ARICEPT
	+ HCT Combos	2	EXELON
2	AVALIDE		
2	AVAPRO		
2	DIOVAN, HCT	<u>Tier</u>	<u>Antidepressants</u>
		1	mirtazapine
<u>Tier</u>	<u>Calcium</u> <u>Antagonists</u>	1	trazodone hcl
1	diltiazem, extended release	2	EFFEXOR, XR
1	nifedipine extended release	2	
1	verapamil hcl	3 2	
2	NORVASC	2	WELLBUTRIN SR
<u>Tier</u>	Centrally Acting Antihypertensiv	<u>esTier</u>	Antipsychotic Drugs
1	clonidine hcl	1	clozapine
		1	haloperidol
<u>Tier</u>	<u>HMG-CoA</u> <u>Reductase</u> <u>Inhibitors</u>	1	perphenazine
1	lovastatin	1	quetiapine fumarate
2 2	LIPITOR	1	thioridazine hcl
2	PRAVACHOL	1	thiothixene
<u>Tier</u>	<u>Hypolipoproteinemics</u>	1 2	trifluoperazine hcl ABILIFY
1 1	gemfibrozil	2	RISPERDAL
2	ADVICOR	3	
2	NIASPAN	2	
2	WELCHOL	3	ZYPREXA ZYDIS**
2	ZETIA	Ū	
		<u>Tier</u>	Antivertigo & Antiemetics
<u>Tier</u>	Thiazide & Related Drugs	1	meclizine hcl
1	hydrochlorothiazide	2	ZOFRAN, ODT
2	ZAROXOLYN		
		<u>Tier</u>	Class II Narcotics
<u>Tier</u>	Other Antihypertensives	1	morphine immediate release
2	LOTREL	1	morphine long acting
		1	oxycodonew/acetaminophen
	AUTONOMIC & CNs	1	methadone
	MEDICATIONS	<u>Tier</u>	Class III Narcotics
		<u>11er</u> 1	acetaminophenw/codeine
<u>Tier</u>	<u>Anticonvulsants</u>	1	hydrocodone/acetaminophen
1	carbamazepine	•	ny arosodono, asstaniniophen
1	phenytoin sodium,extended	<u>Tier</u>	CNS Stimulants
2	DEPAKOTE	1	amphetamine salt combo
2 2	NEURONTIN	1	dextroamphetamine sulfate
	TEGRETOL XR	1	methylphenidate hcl
2	TOPAMAX	2	CONCERTA
2	ZONEGRAN	2	METADATE CD
		2	METADATE ER

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#### Tier Other Drugs For ADHD Ti<u>er</u> **Corticosteroids** clobetasol propionate STRATTERA 1 1 fluocinonide Tier Drugs To Prevent & 1 triamcinolone acetonide **Treat Headaches** 1 butalbital/apap/caffeine Tier Keratolytics 2 **MAXALT** 2 CONDYLOX gel **MAXALT MLT\*\*** 3 2 IMITREX injection, nasal **Miscellaneous Dermatologicals** Tier 3 IMITREX tablet\*\* 1 ammonium lactate 2 ELIDEL Sedative/Hypnotics Tier 1 temazepam **EAR-NOSE MEDICATIONS** 2 AMBIEN 2 SONATA **Drugs Affecting The Ear** Tier CIPRO HC 2 Selective Serotonin Tier 1 neomycin/polymyxin/hc Reuptake Inhibitors 1 fluoxetine hcl **Drugs Affecting The Nose** Tier 1 paroxetine 1 ipratropium bromide **CELEXA**\* 2 2 FLONASE \* 2 LEXAPRO 2 NASACORT AQ 2 PAXIL CR \* 2 NASONEX 2 ZOLOFT **ENDOCRINE MEDICATIONS** Tier Tertiary Amines amitriptyline hcl Tier **Glucocorticoids** DERMATOLOGICAL 1 methylprednisolone **MEDICATIONS** 1 prednisone Tier Insulins Tier **Antiacne Drugs** HUMALOG 1 clindamycin phosphate 1 1 HUMULIN 1 erythromycin 1 LANTUS 1 benzoyl perox. 1 NOVOLIN 1 isotretinoin(prior authorization required) 1 NOVOLOG 2 AVITA gel(prior authorization required) 2 BENZACLIN Tier **Insulin Sensitizers** 2 **BENZAMYCIN** 2 ACTOS 2 FINACEA 2 **AVANDAMET** 2 METROGEL, CREAM, LOTION 2 **AVANDIA** 2 PLEXION, SCT, TS **Oral Hypoglycemics** Tier Antipsoriasis & Antieczema Tier 1 glipizide Drugs 1 glyburide 1 selenium sulfide 1 metformin hcl 2 TAZORAC

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#### Ti<u>er</u> **Thyroid Supplements IMMUNOLOGICALS** levothyroxine sodium 1 1 thvroid 2 UNITHROID Tier **Growth Hormones &** Related Drugs Tier Other Endocrine Drugs all require prior authorization desmopressin acetate 1 2 GENOTROPIN 2 ACTONEL 2 HUMATROPE 2 **DIDRONEL** 2 NORDITROPIN 2 **EVISTA** 2 NUTROPIN, AQ, DEPOT 2 **FOSAMAX** 2 **PROTROPIN** 2 SAIZEN GASTROINTESTINAL **MEDICATIONS** Tier <u>Interferons</u> **REBIF** 2 Tier Antispasmodics/Drugs Tier Pegylated Interferons/ Affecting GI Motility Oral Ribavirin Agents dicyclomine hcl 1 2 **COPEGUS** 1 hyoscyamine sulfate 2 **PEG-INTRON** 1 metoclopramide hcl 2 **PEGASYS** 2 **REBETOL\*** Tier H. Pylori Drugs **PREVPAC** MUSCULOSKELETAL **MEDICATIONS Proton Pump** Tier *Inhibitors* 1 omeprazole **CNS Muscle Relaxants** Tier PROTONIX 2 1 carisoprodol 1 cyclobenzaprine hcl Tier Other GI Drugs cimetidine Non-Steroidal Anti-Tier 1 famotidine **Inflammatory Agents** hydrocortisone acetate 1 diclofenac sodium 1 1 nizatidine 1 ibuprofen peg 3350/electrolyte 1 1 indomethacin 1 ranitidine 1 nabumetone 1 sulfasalazine 1 naproxen 2 **ASACOL** 2 CREON Salicylates & Related Drugs Tier 2 PENTASA choline mag trisalicylate 1 diflunisal salsalate

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### NUTRITION & BLOOD MODIFIERS

#### Tier Antiplatelet Drugs

- 1 dipyridamole
- 1 ticlopidine hcl
- 2 AGGRENOX
- 2 PLAVIX

#### **Tier Blood Detoxicants**

1 lactulose

# OBSTETRICAL & GYNECOLOGICAL MEDICATIONS

#### Tier Androgen Drugs

- 2 ANDRODERM
- 2 TESTIM

#### <u>Tier</u> <u>Contraceptives</u>

- 1 desogestrel ethinyl estradiol
- 1 ethynodiol diacet -ethinyl estradiol
- 1 ethinyl estradiol
- 1 ethinyl estradiol -levo-norgestrel
- 1 norethindrone -ethinyl estradiol
- 1 norethindrone -mestranol
- 1 norgestrel -ethinyl estradiol
- 2 CYCLESSA
- 2 ORTHO
- 2 TRI-CYCLEN LO
- 2 YASMIN

#### Tier Estrogen Drugs

1 estradiol(tablets&cream only)

#### Tier Prenatal Vitamins

- 2 PRENATE
- 2 ADVANCE
- 2 PRENATE GT

#### Tier Progestin Drugs

- 1 medroxyprogesterone
- 2 PROMETRIUM

#### Tier Specialized OB/GYN Drugs

- 1 leuprolide acetate
- 2 CETROTIDE

#### **OPHTHALMIC MEDICATIONS**

#### Tier Antibacterial Drugs

- 1 erythromycin
- 1 gentamicin sulfate
- 1 polymyxin b sul/trimethoprim
- 1 sulfacetamide sodium
- 1 tobramycin sulfate
- 2 CILOXAN\*
- 2 OCUFLOX \*
- 2 VIGAMOX
- 2 ZYMAR

#### Tier Antiglaucoma Drugs

- 1 timolol maleate
- 1 brimonidine
- 2 AZOPT
- 2 COSOPT
- 2 IOPIDINE
- 2 TRAVATAN
- 2 TRUSOPT
- 2 XALATAN

#### <u>Tier</u> <u>Corticosteroid</u> <u>Drugs</u>

- 1 prednisolone acetate
- 2 LOTEMAX

#### Tier Other Ophthalmic Drugs

- 1 homatropine
- 1 hydrobromide
- 2 ALOMIDE
- 2 EMADINE
- 2 LIVOSTIN
- 2 PATANOL
- 2 VOLTAREN OPHTHALMIC
- 2 ZADITOR

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### RESPIRATORY MEDICATIONS

#### **Tier Antitussive & Expectorants**

- 1 benzonatate
- 1 guaifenesin w/pseudoephedrine
- 1 hydrocodone w/guaifenesin
- 1 promethazine w/codeine
- 2 TUSSIONEX

#### **Tier** Beta-2 Adrenergics

- 1 albuterol
- 2 FORADIL
- 2 MAXAIR AUTOHALER
- 2 PROVENTIL HFA
- 2 SEREVENT DISKUS
- 2 XOPENEX

#### **Tier** Leukotriene Modifiers

2 SINGULAIR

#### Tier Other Drugs For Asthma

- 1 cromolyn sodium
- 1 ipratropium bromide
- 2 ADVAIR DISKUS
- 2 ATROVENT inhaler
- 2 COMBIVENT
- 2 FLOVENT ROTADISK
- 2 INTAL inhaler
- 2 QVAR

## **UROLOGICAL MEDICATIONS**

Anticholinergic

#### **Tier Antispasmodics**

1 oxybutynin chloride

#### **Tier Other Genitourinary Products**

- 2 AVODART
- 2 FLOMAX
- 2 PROSCAR

#### **DIABETIC SUPPLIES**

#### Tier Blood Glucose Test Strips

- 1 ACCU-CHEK
- 1 CHEMSTRIP bG
- 1 ONETOUCH
- 1 FAST TAKE
- 1 PRECISION

#### Tier Needles & Syringes

- 1 NOVOFINE 30
- 1 PRECISION
- 1 SURE DOSE

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# Section 2: Possible Alternatives for Non-Preferred or Tier 3 Drugs

## **Examples of Non-Preferred or Tier 3 Medications with Selected Preferred Alternatives**

The following is a list of some non-preferred medications with examples of selected alternatives that are on the UMP Preferred Drug List.

**Column 1** lists commonly-prescribed **non-preferred** medications. **Column 2** lists some **preferred or generic alternatives** that may be right for you, please discuss these with your provider.

## Non-Preferred or Tier 3 Drug

#### **Possible Alternatives**

ACCOLATE	SINGULAIR
ACCUPRIL	enalapril, lisinopril, ALTACE
ACCURETIC	enalapril/hctz, lisinopril/hctz
ACEON	enalapril, lisinopril, ALTACE
ACIPHEX	omeprazole, PROTONIX
ACULAR,PF	VOLTAREN OPHTHALMIC
AEROBID,M	FLOVENT ROTADISK, QVAR
ALAMAST	cromolyn sodium, ALOMIDE, PATANOL, ZADITOR
ALOCRIL	cromolyn sodium, ALOMIDE, PATANOL, ZADITOR
ALPHAGAN P	brimonidine tartrate
ALREX	generic steroids
	lovastatin, LIPITOR, PRAVACHOL
AMERGE	MAXALT
ANDROGEL	TESTIM, ANDRODERM
ANZEMET	
ASCENSIA	
ATACAND	
ATACAND HCT	
AVINZA	
AXERT	
AZELEX	
AZMACORT	FLOVENT ROTADISK, QVAR
	FLONASE *, NASACORT AQ, NASONEX
BENICAR	
BENICAR HCT	
	betaxolol, timolol, other generics
	nifedipine extended release, NORVASC
CARDIZEM LA	
CATAPRES-TTS	
CECLOR CD	
	amox tr/potassium clavulanate, AUGMENTIN ES/XR, CEFZIL
CIPRO XR	
COLAZAL	
COVERA-HS	
COZAAR	
DIFFERIN	
DIPENTUM	
DYNABAC	erythromycin, BIAXIN/XL, ZITHROMAX

<sup>\*</sup>This product is expected to have a generic equivalent or be available over the counter sometime in 2004. When that happens, the drug's coverage status may change without notice.

#### **Non-Preferred**

#### or Tier 3 Drug Possible Alternatives

	nifedipine extended release, NORVASC
FAMVIR	
FLOXIN	AVELOX, CIPRO *, TEQUIN
FML FORTE	generic steroids, LOTEMAX
FOCALIN	methylphenidate, CONCERTA, METADATE CD/ER
FROVA	MAXALT
	ABILIFY, RISPERDAL (non M-TAB), SEROQUEL, ZYPREXA (non-ZYDIS)
GLUCOPHAGE XR	
GOLYTELY PEG	
HELIDAC	
HYZAAR	
KLARON	,
KRISTALOSE	
KYTRIL	
	lovastatin, LIPITOR, PRAVACHOL
	AVELOX, CIPRO *, TEQUIN
LEXXEL	
	amox tr/potassium clavulanate, AUGMENTIN ES/XR, CEFZIL
LUMIGAN	
MAVIK	
	AVELOX, CIPRO *, TEQUIN
MAXIDONE	
MIACALCIN NASAL	
MICARDIS	
MICARDIS HCT	AVALIDE, DIOVAN HCT
	isometh/d- chloralphenaz/apap
MOBIC	
MONOPRIL	
MONOPRIL HCT	
NASAREL	FLONASE *, NASACORT AQ, NASONEX
	METROCREAM, METROGEL, METROLOTION
NOROXIN	AVELOX, CIPRO *, TEQUIN
NULEV	hyoscyamine sulfate, NEOSOL
NULYTELY	PEG ELECTROLYTE
OMNICEF	amox tr/potassium clavulanate, CEFZIL
OPTIVAR	PATANOL, ZADITOR
ORAPRED	
OVIDREL	
	oxycodone hcl caps immediate release
	erythromycin, BIAXIN/XL, ZITHROMAX
PEDIAPRED	
	AVELOX, CIPRO *, TEQUIN
	phenytoin sodium extended release
	nifedipine extended release, NORVASC
	lovastatin, LIPITOR, PRAVACHOL
PRILOSECPROTOPIC	
	fluoxetine (daily), CELEXA *, LEXAPRO, PAXIL/CR *, ZOLOFT
	FLOVENT ROTADISK, QVAR(excluding respules)
	CILOXAN *, OCUFLOX *, VIGAMOX, ZYMAR
RELENZA	
RESCULA	
RESTORIL	· · · · · · · · · · · · · · · · · · ·
RETIN-A	
	FLONASE *, NASACORT AQ, NASONEX
RISPERDAL M-TAB	RISPERDAL (non M-TABS)

<sup>\*</sup>This product is expected to have a generic equivalent or be available over the counter sometime in 2004. When that happens, the drug's coverage status may change without notice.

### Non-Preferred

#### or Tier 3 Drug Possible Alternatives

RITALIN LA	methylphenidate, CONCERTA, METADATE CD/ER
SERZONE	bupropion, EFFEXOR/XR, REMERON SOLTAB, WELLBUTRIN SR
SKELID	ACTONEL, DIDRONEL, FOSAMAX
SPECTRACEF	amox tr/potassium clavulanate, AUGMENTIN ES/XR, CEFZIL
SULAR	nifedipine extended release, NORVASC
SUPRAX	amox tr/potassium clavulanate, AUGMENTIN ES/XR, CEFZIL
	verapamil+ACE Inhibitor, LOTREL
TESTODERM	
TEVETEN	
TEVETEN HCT	AVALIDE, DIOVAN HCT
TOFRANIL-PM	
	ORTHO TRI-CYCLEN LO, generics
TROVAN	
UNIPHYL	
UNIRETIC	enalapril/hctz, lisinopril/hctz
VANTIN	amox tr/potassium clavulanate, AUGMENTIN ES/XR, CEFZIL
	albuterol inhaler, MAXAIR AUTO, PROVENTIL HFA
VEXOL	generic steroids, LOTEMAX
ZAGAM	
ZYFLO	
ZYPREXA ZYDIS	ZYPRE XA (non-ZYDIS)

<sup>\*</sup>This product is expected to have a generic equivalent or be available over the counter sometime in 2004. When that happens, the drug's coverage status may change without notice.

For more information regarding Prescription Drug Coverage for the UMP PPO or UMP Neighborhood you may visit the UMP Web Site or contact customer service at the address or phone number below:

## Uniform Medical Plan Web Site www.ump.hca.wa.gov

**1-866-576-3862** 

